

IF PEOPLE ARE DOUBTING HOW FAR YOU CAN GO,
GO SO FAR THAT YOU CAN'T HEAR THEM ANYMORE



FROM THE DESK OF VCMD

Dear Maxian,

"Happiness is not something ready made. It comes from your own actions."

The Dalai Lama describes happiness in two simple lines but what is happiness? In our own daily lives we use the word Happiness so often. We use it primarily as a prefix to a wish for a special day or on a festival.

Our neighbouring country of Bhutan, which recently opened its doors to the rest of the world, has been declared the happiest country in the world. The Government there also has a Ministry of Happiness which calculates GNH or the Gross National Happiness.

How does one achieve the state the happiness?

To begin with, Happiness is not a goal but it is a path. It is a route that must choose in our lives so that we are healthy and successful. The path of life that we travel on has its inner roads of Home, Work, Society and the Country. What we need to add is a row of trees on each path that will give us the shade of happiness.

Some management pundits have advocated a system and prescribe activities for people working in corporate organisations to ensure happiness. It is not an easy task to measure contentment and happiness. The evaluation is very subjective to be quantified easily. Many factors govern happiness and it not commanded by wealth but by attitude. Broadly speaking the advocated scientific recommendations can be classified too.

Firstly the need for a Vision. We must have an aim in our lives with a purpose. Life cannot not have a meaning and a definite goal.

Second is to gain as much experience as possible. This is not just by working but by acquiring knowledge and information. We can also add here the factor of trying to be an integral part of the society.

The third aspect is the will to give and help others either at work or in the community. These two elements together always breed contentment.

Fourthly, to be happy we must try and help others and at the same time have the attitude to give. At the same time we must always acknowledge and appreciate the assistance and support. A smile from the one you thank and appreciate will always usher in a warm and good feeling.

The fifth and last point is to take care of one's own self and remain healthy. This can be done by eating the right diet, exercising and importantly giving the body the due rest that it deserves.

One can add meditation to the recipe too. These are the mantras for happiness. I urge you all to practice it.

Be Safe. Be Happy.

Vineet Agarwal
MD



EDITOR'S SPEAK

Even though the Covid Villain had ruined many of our elaborate winter plans and the New Year is new no more, the chills of winter is still around and casting its spell while we step into the month of LOVE. Yes! its February...the shortest but undeniably the sweetest month of all. Love is in the air and everywhere... it's in our hearts, in the streets and parks, overflowing inboxes, and customarily in the gift shops.

While rest of us keep debating about its western origin and ill effects on our culture, the madness of Valentine's Day prevails and has its own influence on the young and old alike. Busy in the celebration and festivity of spreading love we end up neglecting and ignoring the most significant person who deserves no less – ourselves.

What can be a better way to celebrate this month of love than with an oath for indulging in self-love? Ponder over it...

With Love,
Rituparna Banerjee (Deputy Editor)

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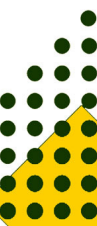
MAX PANORAMA



CELEBRATING REPUBLIC DAY 2021

73rd Republic Day was duely celebrated at Max Plant premises in presence of all employees. The day begun with the flag hoisting ceremony and with motivating speeches from our senior officials at plant.

The employees engaged themselves in many activities on the day



MAX PANORAMA



VOLLEY BALL & CRICKET MATCHES ORGANIZED AT DULLABCHERRA, KARIMGANJ



ONGOING CRICKET TOURNAMENT AT SIVASAGAR ORGANISED BY MARWARI YUVA MANCH



MAX CREATIVE CORNER



STREETS OF KOLKATA - A REFLECTION ILLUSION
Mobile click by Rituparna Baanerjee GVIL (HO)



By: TIASHA BHATTACHARJEE
Daughter of Sharmila Basak (Nortech Kolkata)





HOMAGE TO MANIRAM DEWAN

BY: RAJIV SONI

This month we pay homage to the Martyr Maniram Dewan.

Maniram Dewan or Maniram Dutta Baruah was born on April 17, 1806. He is one of the greatest freedom fighters of Assam.

At the age of 22 he was appointed a Tehsildar and a Sheristadar of Rangpur and later made the Borbhandar. It was Maniram Dewan who informed the British about tea grown in Assam by the Singpho people. In 1833 the British East India Company decided to establish major tea plantation in India. The British representative came to Assam and met Maniram Dewan who highlighted the region's prospects of tea cultivation.

In 1839 he became the Dewan of the Assam Tea Company at Nazira. He gathered knowledge regarding tea by this time. He then quit the job and established his own tea garden at Jorhat. He became the first Indian to grow tea commercially in Assam. He later set up another plantation at Sibsagar. Maniram Dewan also ventured into smelting, gold procuring, salt production, handloom, boat making, coal supplying, brick making and elephant trade.



With the view to introduce Indians to the growing tea industry he wanted to encourage private tea plantations in Assam. This met with opposition from the British. Continuing with his spirit soon made him hostile to the Raj. The latter reacted and he was seized of all the facilities by the British. His family was starved of all benefits and he had to face extreme financial hardships.

An antagonist to the British Empire he revolted and opposed many policies of the Empire. This led him to join the Indian Sepoy uprising. He along with other activists like Peali Baruah hatched an anti-British Movement. Unfortunately their plot was uncovered and he was arrested with others and named as the gang leader. Arrested in Calcutta and later brought to Jorhat and was hanged in the 26th of Feb 1858.

He is remembered and respected as a martyr and a true son of Assam who had the vision of encouraging Indian Enterprise and one who sacrificed his life for an Independent India.



MAX WISDOM



HOW TO GET BACK ON TRACK WHEN YOU FEEL HOPELESS

EVER FIND YOURSELF OFF TRACK WITH YOUR GOALS AND NOT WHERE YOU WANT TO BE IN LIFE? THE KEY IS TO FORGET ABOUT HOW YOU FEEL AND DO IT ANYWAY.

As Jim Rohn said, "Discipline is the bridge between goals and accomplishments." You may be lacking self-discipline, which can be improved – if you are determined to make it happen.

YOUR COMEBACK STARTS NOW..

1. Admit You're Not Where You Want to Be | Get Back On Track

It's time to be brutally honest with yourself and admit what's going on. You can have a conversation with someone you trust or even write down in a journal – honestly & openly, where you currently at in life, what your doing wrong & where you want to be. Admit there's a problem and your brain will start working autonomously to find a solution. If you ignore the problem, it won't magically get better. Identify your reasons, open yourself up and develop a plan to adapt and overcome.

2. Stop Thinking, Start Doing | Get Back On Track

Overthinking drains your energy making the problem feel overwhelming, and is the best way to hold yourself back from taking action.

Instead, take consistent small action. Every great journey began with a single step. Action cures perfectionism. It helps you create momentum to keep the ball rolling.

3. Celebrate Your Victories | Get Back On Track

Celebrate this small victory. Pat yourself on the back, get excited, and jump around. Change your physiology to change your mindset. Small victories lead to bigger results. Your brain loves celebration as the feel good chemical dopamine is release, thus 'training' your brain to seek more results. Now think, what other kinds of victories can you get? Start doing anything you've been putting off in small doses and then celebrate!

Victories, no matter how big or small, can change your mood and help you keep going. Creating a new habit in the process.

4. Accountability Is KEY | Get Back On Tracks

Sometimes you just need someone else to support you on your quest, whether it's to lose weight, start a business or change the world. Accountability can be a great way to help you stay disciplined.

Don't be too proud to enroll in a program or hire a coach to help you stay consistent and maintain productivity. Over time, discipline does become an automatic habit even when you normally you might of put it off.

DON'T LET YOUR LAZY BRAIN AND FEELINGS GET IN THE WAY OF CREATING THE LIFE OF YOUR DREAMS.

FORGET WHAT YOU FEEL, REMEMBER WHAT YOU DESERVE.

**ACTION BEATS
ANXIETY, MOTION
BEATS MEDITATION,
WORK BEATS WORRY.**

**FEED YOUR MIND
WITH SUCCESS**



EMPLOYEE BIRTHDAYS

HEAD OFFICE

NAME	DOB
PINTU MISTRY	04 Feb
DEVENDRA JHA	05 Feb
NITESH CHAHARIA	08 Feb
MALAY SARKAR	10 Feb
MISHRI MONDAL	12 Feb

SALES AND MARKETING OFFICE

NAME	DOB
RAHUL KUMAR PRASAD	02 Feb
MUKTARUL HASSAN MAJUMDER	09 Feb
DEBRAJ CHAKRABORTY	09 Feb
RAMESH KUMAR GOUR	22 Feb
SWEATA SINGHA	22 Feb
SRINJOY GUHA	25 Feb
HEMANTA PATHAK	28 Feb






PLANT

NAME	DOB
DIPAK CHETRY	01 Feb
JAICHAND UPADHAYA	01 Feb
JAYANTA BARMAN	01 Feb
PRANJIT BORO	01 Feb
RAKESH DAS	01 Feb
RANJU SINHA	01 Feb
RIZWOAN AHMED BARBHUIYA	01 Feb
SURJO MONI SHARMA	01 Feb
BANESWAR BANIA	02 Feb
RAJU BASUMATARY	02 Feb
RANJIT DEKA	02 Feb
SATYAJIT SINGHA	02 Feb
ANISUR RAHMAN	03 Feb
TAPAN NATH	03 Feb
MAHENDRA KAMAT	04 Feb
RANJIT KUMAR SINGH	04 Feb
JIREN BAGLARI	05 Feb
MRS. GRACE DKHAR	05 Feb
NANGJAN DKHAR	05 Feb
RUPESH KUMAR	05 Feb
BAPAN KAR	06 Feb
PRASANTA KUMAR PANIGRAHY	10 Feb
DEEPAK KUMAR TIWARI	11 Feb
AJIT SINGH	12 Feb
SARBESWAR GOGOI	12 Feb
ARKIROI PAJUH	15 Feb
DIGANTA BARUAH	15 Feb
DREAMLAND PDANG	15 Feb
HEIMONMITRE LAMARE	16 Feb
BIPLOB DAS	21 Feb
DAYA PDANG	25 Feb
RAVI YADAV	25 Feb
CHINMOY CHAKRABORTY	26 Feb
DEILANG WAHLANG	26 Feb
LAXMAN KUMAR GUPTA	26 Feb
SANJAY KUMAR SINGH	26 Feb
KHAGEN NATH	28 Feb
SAMIRAN DAS	28 Feb



NEW JOINEES



SL NO	PHOTO	NAME OF EMPLOYEE	DEPT.	DESIG.	DOJ
1		BICKY PAUL	COMMERCIAL	JR. EXECUTIVE	22/01/2021
2		KHAGEN NATH	LOGISTIC & DISPATCH	JR. DATA ENTRY OPERATOR	06/01/2021
3		ABHINESH KUMAR	MECHANICAL	GRADUATE ENGINEER TRAINEE	09/01/2021
4		DEEPAK KUMAR UPADHYAY	PROCESS	SR. ENGINEER	15/01/2021
5		PANKAJ KUMAR PANDEY	PROCESS	ASST. ENGINEER	27/01/2021
6		SAMER SINHA	PROCESS	MACHINERY ATTENDANT	07/01/2021
7		FULBABU SINHA	QC & RMH	PAY LOADER OPERATOR	02/01/2021
8		SHIV NANDAN	QC & RMH	JR. OFFICER	16/01/2021
9		N.NAVEEN KUMAR	MECHANICAL	DGM	25/01/2021

